



CORE SKILLS STUDIO · LANTERN PATH BOOKS

Foundation Core Skills Workbook

A complete set of ready-to-print core-skills worksheets for Foundation, made for Australian home-educating families. Print the whole book, or one page at a time.

What is inside

1. Teaching tips for grown-ups
2. Adding to 10
3. Taking away to 10
4. Capital letters A–Z
5. Small letters a–z
6. First words handwriting
7. Spelling: word families
8. Answer key for grown-ups



Need more practice?

Make unlimited free worksheets for any skill and year level in the Core Skills Studio. No sign-up, no email, ever.

lanternpathbooks.com/homeschool/worksheet-generator/

Made with care in Australia. Oliver the owl and Mira the fox are from our gentle picture book *Oliver and the Lantern Path*.



Teaching Tips for Grown-ups

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A few simple ways to help your child get the most from this workbook. Little and often works best, ten quiet minutes a day beats an hour once a week.

Counting and adding

Count on from the bigger number. For $2 + 7$, start at 7 and count “8, 9”. It is faster than starting at the small number.

Let your child use fingers, blocks or buttons. Touching real objects *is* real maths at this age, not cheating.

The pairs that make 10

Little cheat: help your child learn the pairs that make ten by heart, 1 and 9, 2 and 8, 3 and 7, 4 and 6, 5 and 5. These few facts make every bigger sum easier later.

Letters and sounds

Start every letter at the **top** and sit it on the bottom line. Trace slowly first, then copy.

As you trace, say the letter’s *sound* (‘m’ = mmm), not just its name. Sounds are what help a child start to read.

Spelling word families

Words that rhyme and end the same, like cat, hat, sat, are a ‘word family’. Learning one helps your child read and spell the whole family.



Adding to 10

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Name: _____

Date: _____ Score: ___/24

1. $0 + 4 =$ _____

2. $6 + 2 =$ _____

3. $4 + 10 =$ _____

4. $8 + 5 =$ _____

5. $7 + 7 =$ _____

6. $8 + 2 =$ _____

7. $5 + 3 =$ _____

8. $7 + 4 =$ _____

9. $7 + 9 =$ _____

10. $9 + 5 =$ _____

11. $10 + 1 =$ _____

12. $9 + 0 =$ _____

13. $6 + 10 =$ _____

14. $2 + 10 =$ _____

15. $1 + 7 =$ _____

16. $3 + 6 =$ _____

17. $3 + 10 =$ _____

18. $10 + 7 =$ _____

19. $10 + 3 =$ _____

20. $1 + 3 =$ _____

21. $2 + 7 =$ _____

22. $6 + 2 =$ _____

23. $2 + 6 =$ _____

24. $7 + 4 =$ _____



Taking Away to 10

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Name: _____

Date: _____ Score: ___/24

1. $7 - 2 =$ _____

2. $0 - 0 =$ _____

3. $5 - 5 =$ _____

4. $8 - 6 =$ _____

5. $5 - 0 =$ _____

6. $6 - 2 =$ _____

7. $3 - 1 =$ _____

8. $1 - 0 =$ _____

9. $0 - 0 =$ _____

10. $2 - 2 =$ _____

11. $4 - 0 =$ _____

12. $1 - 1 =$ _____

13. $4 - 2 =$ _____

14. $5 - 1 =$ _____

15. $6 - 0 =$ _____

16. $6 - 3 =$ _____

17. $5 - 4 =$ _____

18. $0 - 0 =$ _____

19. $8 - 2 =$ _____

20. $1 - 1 =$ _____

21. $9 - 1 =$ _____

22. $3 - 2 =$ _____

23. $0 - 0 =$ _____

24. $4 - 2 =$ _____



Tracing Capital Letters (A to Z)

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Name: _____

Date: _____

Trace each capital letter along the line. Keep the letters sitting on the baseline.

A A A A

B B B B

C C C C

D D D D

E E E E

F F F F

G G G G

H H H H

I I I I

J J J J

K K K K

L L L L

M M M M

N N N N

O O O O

P P P P

Q Q Q Q

R R R R

S S S S

T T T T

U U U U

V V V V

W W W W

X X X X

Y Y Y Y

Z Z Z Z



Tracing Small Letters (a to z)

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Name: _____

Date: _____

Trace each small letter along the line. Keep the letters sitting on the baseline.

a a a a

b b b b

c c c c

d d d d

e e e e

f f f f

g g g g

h h h h

i i i i

j j j j

k k k k

l l l l

m m m m

n n n n

o o o o

p p p p

q q q q

r r r r

s s s s

t t t t

u u u u

v v v v

w w w w

x x x x

y y y y

z z z z



Handwriting: First Words

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Name: _____

Date: _____

Trace each little word, then write it yourself on the line below.

I I I I I I I

am am am am am

the the the the

mum mum mum mum

dad dad dad dad

cat cat cat cat



Spelling: the -at family

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Name: _____

Date: _____

Look at the word, say it, cover it, write it three times, then check.

WORD	WRITE IT	WRITE IT	WRITE IT	CHECK
cat				
hat				
sat				
mat				
bat				
rat				
pan				
man				
fan				
can				



Answer Keys

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Name: _____

Date: _____

For grown-ups. Tear this page off before you hand the sheets over.

Adding to 10

1. 4	2. 8	3. 14	4. 13	5. 14	6. 10
7. 8	8. 11	9. 16	10. 14	11. 11	12. 9
13. 16	14. 12	15. 8	16. 9	17. 13	18. 17
19. 13	20. 4	21. 9	22. 8	23. 8	24. 11

Taking Away to 10

1. 5	2. 0	3. 0	4. 2	5. 5	6. 4
7. 2	8. 1	9. 0	10. 0	11. 4	12. 0
13. 2	14. 4	15. 6	16. 3	17. 1	18. 0
19. 6	20. 0	21. 8	22. 1	23. 0	24. 2